

# My Stupid Heart

**Level:** Basic +2 **Genre:** Pop  
**Artist:** Walk off the Earth  
**Choreo:** Ros Matheson Paradise Cloggers Cairns  
**Speed:** Normal **Length:** 2.40  
**Sequence:** A, B, C, D, A, B, C, D, D\*  
**Wait:** 16 beats

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## Quick Cues

### Part A (32 beats)

8 Crazy Step  
4 2 Side Touch  
4 Reverse Slur & A Basic (1/2 L)  
16 REPEAT

### Part B (32 beats)

4 2 Slur Step (L)  
4 Jazz Box  
4 Slur Brush (L)  
4 Charleston (Rft)  
16 REPEAT OPP FOOTWORK & DIR

### Part C (32 beats)

4 2 Front Touch  
8 2 Toe Heel Basic  
4 Chain (L)  
16 REPEAT OPP FOOTWORK & DIR

### Part D (32 beats)

4 Hillbilly  
8 2 Rocking Chair (1/4R ea)  
4 Triple (Rft)  
16 REPEAT

### Part A (32 beats)

8 Crazy Step  
4 2 Side Touch  
4 Reverse Slur & A Basic (1/2 L)  
16 REPEAT

## Quick Cues

### Part B (32 beats)

4 2 Slur Step (L)  
4 Jazz Box  
4 Slur Brush (L)  
4 Charleston (Rft)  
16 REPEAT OPP FOOTWORK & DIR

### Part C (32 beats)

4 2 Front Touch  
8 2 Toe Heel Basic  
4 Chain (L)  
16 REPEAT OPP FOOTWORK & DIR

### Part D (32 beats)

4 Hillbilly  
8 2 Rocking Chair (1/4R ea)  
4 Triple (Rft)  
16 REPEAT

### Part D\* (33 beats)

4 Hillbilly  
8 2 Rocking Chair (1/4R ea)  
4 Triple (Rft)  
8 Long Jazz Box  
8 Louisiana Step (1/2R)  
1 Step (OTS)



# Step Definitions - My Stupid Heart

## CRAZY STEP:

[DS DS DS-DR/K SL] (FWD) RS DS RS K/DR-SL  
L R L L/R L RL R LR L/R R  
&1 &2 &3 & 4 &5 &6 &7 & 8

## SIDE TOUCH:

DS TCH(OTS) H  
L R L  
&1 & 2

## REVERSE SLUR & A BASIC: (In this dance, turn 1/2 L on beats &2)

DS (XIF) SLR (REV) H/LIFT DS RS  
L R L/R R LR  
&1 & 2 &3 &4

## SLUR STEP:

DS (OTS) SLR-S (XIB)  
L R R  
&1 & 2

## JAZZ BOX:

T-H (OTS) T-H (XIF) T-H (BK) T-H (BS)  
L L R R L L R R  
& 1 & 2 & 3 & 4

## SLUR BRUSH:

DS (OTS) SLR-S (XIB) DS BR H  
L R R L R L  
&1 & 2 &3 & 4

## CHARLESTON:

DS TCH (F) H T-H (BK) RS  
R L R L L RL  
&1 & 2 & 3 &4

## FRONT TOUCH:

DS TCH (F) H  
L R L  
&1 & 2

## TOE HEEL BASIC:

T-H T-H DS RS  
L L R R L RL  
& 1 & 2 &3 &4

## CHAIN:

DS RS RS RS (MOVE FWD BK L OR R)  
L RL RL RL  
&1 &2 &3 &4

## HILLBILLY:

DS TCH (F) H TCH (F) H TCH (F) H  
L R L R L R L  
&1 & 2 & 3 & 4

## ROCKING CHAIR: (clap hands on & 4)

DS BR H DS RS  
R L R L RL  
&1 & 2 &3 &4

## TRIPLE:

DS DS DS RS  
R L R RL  
&1 &2 &3 &4

## LONG JAZZ BOX:

T-H (OTS) T-H (XIF) T-H (BK) T-H (OTS) T-H (XIF) T-H (BK) T-H (OTS) T-H (BS)  
L L R R L L R R L L R R L L R R  
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

## LOUISIANA STEP:

[DS DS DS DS] (FWD) (P) S (BK) (P) S (BK) PVT (1/2 R) S (FWD) (P) S (FWD)  
L R L R L R R R L R  
&1 &2 &3 &4 & 5 & 6 & 7 & 8

## STEP:

(P) S  
L  
& 1