
Step Definitions - Grandma's Feather Bed

BLACK MOUNTAIN:

DS BA/HD(F) BA/HD(F) (P) [BA(F)/TT(BK)] (1/4 L) HD(F)/BA-SL
L L/R L/R L /R L /R R
&1 & 2 & 3 & 4

BASIC:

DS RS
L RL
&1 &2

GRANNY STEP:

DT [BA/BA] (H'S OUT) [BA/BA] (H'S IN) SL/LIFT TCHH(F) H DS RS DS RS TCHH(F) H
L L /R L /R L / R R L R LR L RL R L
& 1 & 2 & 3 &4 &5 &6 &7 & 8

KARATE:

DS-PVT(1/2 L)/K H (P) S K H
L L /R L R L R
&1 & 2 & 3 & 4

WINDSTER:

DS BR(XIF) H BR(X) H RS (BR CAN BE DT)
L R L R L RL
&1 & 2 & 3 &4

FLARE:

DT (FLR) SL R(XIB) S (XIF)
L R L R
& 1 & 2