

DOWN AT THE TWIST AND SHOUT

Level: Intermediate **Genre:**Country
Artist: Mary Chapin Carpenter
Choreo: Chip Summey, Asheville, North Carolina
Speed: Normal **Length:** 3.21
Sequence: A B A C B A C B A C C ENDING
Wait: 16 beats

Quick Cues

Part A (32 beats)

8 MJ Twist
4 Rocking Chair (1/2 L)
4 Heel Chain (Full L)
16 REPEAT

Part B (32 beats)

8 Drag Flip Vine (1/2 L)
4 Joey
4 Triple (Full R)
16 REPEAT

Part A (32 beats)

8 MJ Twist
4 Rocking Chair (1/2 L)
4 Heel Chain (Full L)
16 REPEAT

Part C (16 beats)

4 Triple Stamp
4 Triple
4 2 Scoot
4 2 Basic (BK)

Part B (32 beats)

8 Drag Flip Vine (1/2 L)
4 Joey
4 Triple (Full R)
16 REPEAT

Part A (32 beats)

8 MJ Twist
4 Rocking Chair (1/2 L)
4 Heel Chain (Full L)
16 REPEAT

Quick Cues

Part C (16 beats)

4 Triple Stamp
4 Triple
4 2 Scoot
4 2 Basic (BK)

Part B (32 beats)

8 Drag Flip Vine (1/2 L)
4 Joey
4 Triple (Full R)
16 REPEAT

Part A (32 beats)

8 MJ Twist
4 Rocking Chair (1/2 L)
4 Heel Chain (Full L)
16 REPEAT

Part C (16 beats)

4 Triple Stamp
4 Triple
4 2 Scoot
4 2 Basic (BK)

Part C (16 beats)

4 Triple Stamp
4 Triple
4 2 Scoot
4 2 Basic (BK)

End (8 beats)

8 Wave Arms

Step Definitions - DOWN AT THE TWIST AND SHOUT

MJ TWIST:

DS DS (XIB) R S (OTS) (P) S (BK) RS DS DT [BA/BA] (H'S L) [BA/BA] (H'S R) LIFT/SL
L R L R L RL R L L /R L /R L /R
&1 &2 & 3 & 4 &5 &6 & 7 & 8

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

HEEL CHAIN:

DS H (WGT) S H (WGT) S H (WGT) S
L R L R L R L
&1 & 2 & 3 & 4

DRAG FLIP VINE:

DS-DR S (XIF) DS-DR S (XIB) DS [DT (BK) SL BR SL] (1/2 L) DS
L L R L L R L R L R
&1 & 2 &3 & 4 &5 & 6 & 7 &8

JOEY:

DS BA (XIB) BA (OTS) BA (OTS) BA (XIB) BA (BS) S
L R L R L R L
&1 & 2 & 3 & 4

TRIPLE:

DS DS DS RS
R L R LR
&1 &2 &3 &4

TRIPLE STAMP:

DS DS DS STA SL
L R L R L
&I &2 &3 & 4

SCOOT:

DS-SC-SC
L L L
&1 & 2

BASIC:

DS RS
L RL
&1 &2