

IRISH STEW

Level: Intermediate Plus **Genre:** Irish/Electronica
Artist: ShamRock
Choreo: Kaye Speyer - Kaye's Cloggers/Rockingham Cloggers
Perth WA
Speed: Normal **Length:** 3:13
Sequence: Intro, A, B, C, D, Ending
Wait: 16 beats

Quick Cues

INTRO (16 beats)

16 **2** MJ Brushup

PART A (64 beats)

8 Clogover Rock (**L**)
4 **2** Heel Basic (**R&L**)
4 **2** Fontana (**R&L**)
8 Clogover Rock (**R**)
4 **2** Heel Basic (**L&R**)
4 **2** Fontana (**L&R**)
12 Irish Stew
4 Fancy Double (**1/2L**)
12 Irish Stew
4 Fancy Double (**1/2L**)

PART B (96 beats)

8 Half Cindy
8 Motown Turn (**3/4R**)
8 Half Cindy
8 Motown Turn (**3/4R**)
8 Half Cindy
8 Motown Turn (**3/4R**)
8 Half Cindy
8 Motown Turn (**3/4R**)
16 **2** Liberty Rock
4 Sashay (**L**)
4 Fancy Kick (**Rft**)
4 Sashay (**R**)
4 Fancy Kick



Restamped '6th March 2024 to current
ACA Format & Terminology.

Quick Cues

PART C (96 beats)

8 Samantha
4 Cotton Eyed Joe
4 Joey (**Rft**)
8 Samantha
4 Cotton Eyed Joe
4 Joey (**Rft**)
4 Catawba
4 Triple Clap
4 Catawba (**Rft**)
4 Triple Clap (**Rft**)
16 **2** Stomp Twister (**L&R**)
8 Corr's Way
4 Irish Swivel
4 Stomp Double (**Rft**)
8 Corr's Way
4 Irish Swivel
4 Stomp Double (**Rft**)

PART D (64 beats)

8 No Name
4 Triple Ankle Roll
4 **2** Kick (**1/4L**)
48 **REPEAT 3 TIMES**

ENDING (72 beats)

8 Clogover Rock (**L**)
4 **2** Heel Basic (**R&L**)
4 **2** Fontana (**R&L**)
8 Clogover Rock (**R**)
4 **2** Heel Basic (**L&R**)
4 **2** Fontana (**L&R**)
12 Irish Stew
4 Fancy Double (**1/2L**)
12 Irish Stew
4 **2** Stomp & Pause (**1/2 L**)
4 Stomp Double
4 Shave & a Haircut (**Rft**)

Step Definitions - IRISH STEW

MJ BRUSHUP:

DS DS (XIB) R S (OTS) (P) S (BK) R (OTS) S (F) DS DS BR SL
L R L R L R L R L R L R L
&1 &2 & 3 & 4 & 5 &6 &7 & 8

CLOGOVER ROCK:

DS (OTS) DS (XIF) DS (OTS) DS (XIB) DS (OTS) DR/K SL RS RS
L R L R L R L /R L RL RL
&1 &2 &3 &4 &5 & 6 &7 &8

IRISH STEW:

DS DT (XIF) H DT (X) H (CLAP CLAP CLAP) STO DS DS RS (CLAP CLAP) DS DS RS
L R L R L R L R LR L R LR
&1 & 2 & 3 & 4 & 5 &6 &7 &8 & 9 &10&11&12

HALF CINDY:

DT-S/K (OTS) R (OTS) S (BS) DT K (OTS) /S R (OTS) S (BS) DT (XIF) SL DT (X) SL BA BA BA S
L L/R R L R L /R L R L R L R L R L R
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

MOTOWN TURN: (In this Dance turn 3/4R)

(P) TCHH (OTS) BA (OTS) BA (XIB) BA (OTS) TCHH (OTS) BA (OTS) BA (XIB) BA
L L R L L R R L R
& 1 & 2 & 3 & 4 &
H (WGT) PVT (1/2 R) S DS DS
L L R L R
5 & 6 &7 &8

LIBERTY ROCK: (In this dance - NO TURNS)

DBL-BA DBL HOP TT (BK) TT (BK 1/4 L) BA DBL HOP TT (BK) TT (BK)
L L R L R R R L R L L
&a 1 e& a 2 & 3 e& a 4 &
BA DBL HOP TT (BK) TT (BK 1/4 L) S RS
L R L R R R LR
5 e& a 6 & 7 &8

SASHAY: (LIKE GALLOPING SIDWAYS)

(P) [S (OTS) S (BS) S (OTS) S (BS) S (OTS) S (BS) S (OTS)]
L R L R L R L
& 1 & 2 & 3 & 4

SAMANTHA:

DS DS (XIF) DR S (BK) DR S (BK) RS DS DS RS
L R R L L R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

COTTON EYED JOE:

K/DR LIFT (XIF) /SL K (X) /DR LIFT (OTS) /SL DS RS
L/R L /R L /R L /R L RL
& 1 & 2 &3 &4

JOEY:

DS BA (XIB) BA (OTS) BA (OTS) BA (XIB) BA (BS) S
R L R L R L R
&1 & 2 & 3 & 4

CATAWBA:

DT-BA/HD BO/HD HD/BA HD/BO BA/HD HD/BA LIFT/SL
L L/R L/R L/R L/R L/R L/R L /R
& 1 & 2 & 3 & 4

Step Definitions CONTD: - IRISH STEW

STOMP TWISTER:

(P) STO DS DS RS S-SL DS DT [BA/BA] (H'S R) [BA/BA] (H'S L) SL/LIFT
L R L RL R R L R L /R L /R L/R
& 1 &2 &3 &4 & 5 &6 & 7 & 8

CORR'S WAY:

(P) STA(XIF T IN) (P) STO(XIF T OUT) (P) BA(XIB) DBL HOP BA(XIB)
L L R L R L
& 1 & 2 & 3 e& a 4
STO(XIF) STO(XIB) DBL HOP BA(XIB) DBL HOP BA(XIB) DBL HOP BA(XIB)
R L R L R L R L R
& 5 e& a 6 e& a 7 e& a 8

IRISH SWIVEL:

STO(T IN) STO(XIF T IN) BA(LIFT H)/H(WGT LIFT T) H(IN)/FL(OUT)
L R L /R L /R
& 1 & 2
BA(LIFT H)/H(WGT LIFT T) H(OUT)/FL(IN) FL(OUT)/H(IN) FL(IN)/H(OUT)
L /R L /R L /R L /R
& 3 & 4

STOMP DOUBLE: (CAN BE DR INSTEAD OF (P) AT START)

(P) STO DS DS RS
L R L RL
& 1 &2 &3 &4

NO NAME:

DS BR SL TCH(XIF) SL DT(OTS) SL TT(BK) SL BR SL DS RS
L R L R L R L R L R L R LR
&1 & 2 & 3 & 4 & 5 & 6 &7 &8

TRIPLE ANKLE ROLL:

DS DS(XIF) DT(XIF) S(XIF)/FLA FLA/S(XIB) S/LIFT
L R L L /R L /R L/R
&1 &2 & 3 & 4

SHAVE & A HAIRCUT:

(P) STO DS(XIF) S(BK) (P) S(OTS) S(XIF)
R L R L R
& 1 &2 & 3 & 4

HEEL BASIC:

DS H(WGT) S
L R L
&1 & 2

FONTANA:

DS BR(XIF) H
L R L
&1 & 2

FANCY DOUBLE:

DS DS RS RS
L R LR LR
&1 &2 &3 &4

FANCY KICK:

DS DS RS K H
L R LR L R
&1 &2 &3 & 4

TRIPLE CLAP:

DS DS DS CLAP CLAP
L R L
&1 &2 &3 & 4

KICK:

DS K H
L R L
&1 & 2

STOMP & PAUSE:

(P) STO (P) (P)
L
& 1 & 2