

# THIS PROMISE

**Level:** Easy Intermediate  
**Artist:** Sam Tsui  
**Choreo:** Peter Wee  
**Speed:** Normal **Length:** 4:58  
**Sequence:** A B C D A B C D\* E F C C\* D\*\*  
**Wait:** 32 Fast Beats



Restamped 10/2/2024 to Current ACA Terminology

Quick Cue	Quick Cue	Quick Cue
<b><u>Part A (62 Beats)</u></b>		
4 Travelling Triple (L)	4 Travelling Triple (L)	8 Clogover Vine (L)
4 Double Basic Brush (Rft)	4 Double Basic Brush (Rft)	4 Rocking Chair (Rft)
4 Travelling Triple (R)	4 Travelling Triple (R)	4 Pivot Chain (3/4 R)
4 Double Basic Brush	4 Double Basic Brush	48 REPEAT 3 TIMES
8 4 Basic (1/2 L)	8 4 Basic (1/2 L)	
4 Walk It Over	4 Walk It Over	<b><u>Part F (8 Beats)</u></b>
4 2 Basic	4 2 Basic	4 2 Slow Toe Heel
4 Travelling Triple (L)	4 Travelling Triple (L)	2 Pause for 2 Beats
4 Double Basic Brush (Rft)	4 Double Basic Brush (Rft)	2 2 Stomp
4 Travelling Triple (R)	4 Travelling Triple (R)	
4 Double Basic Brush	4 Double Basic Brush	<b><u>Part C (64 Beats)</u></b>
8 4 Basic (1/2 L)	8 4 Basic (1/2 L)	8 Samantha (3/4 R)
4 Walk It Over	4 Walk It Over	8 Swayback (3/4 R)
2 2 Double Step	2 2 Double Step	4 Triple Bell (FWD)
		4 Triple (BK)
<b><u>Part B (34 Beats)</u></b>	<b><u>Part B (34 Beats)</u></b>	4 Triple Bell (FWD)
8 Brushover Vine (L)	8 Brushover Vine (L)	4 Triple (BK)
2 Basic (Rft)	2 Basic (Rft)	32 REPEAT
2 Rock Pull (Move R)	2 Rock Pull (Move R)	
4 Fancy Double (Rft)	4 Fancy Double (Rft)	<b><u>Part C* (32 Beats)</u></b>
8 Brushover Vine (R)	8 Brushover Vine (R)	8 2 Half Samantha
2 Basic	2 Basic	8 2 Windster
2 Rock Pull (Move L)	2 Rock Pull (Move L)	4 Triple Bell (FWD)
4 Fancy Double	4 Fancy Double	4 Triple (BK)
2 2 Stomp	2 2 Stomp	4 Triple Bell (FWD)
		4 Triple (BK)
<b><u>Part C (64 Beats)</u></b>	<b><u>Part C (64 Beats)</u></b>	
8 Samantha (3/4 R)	8 Samantha (3/4 R)	<b><u>Part D* *(33 Beats)</u></b>
8 Swayback (3/4 R)	8 Swayback (3/4 R)	8 Slow Jazz Box
4 Triple Bell (FWD)	4 Triple Bell (FWD)	4 2 Basic
4 Triple (BK)	4 Triple (BK)	4 Fancy Double
4 Triple Bell (FWD)	4 Triple Bell (FWD)	8 Slow Jazz Box
4 Triple (BK)	4 Triple (BK)	4 2 Basic
32 REPEAT	32 REPEAT	4 Fancy Double
		1 Rock Step
<b><u>Part D (8 Beats)</u></b>	<b><u>Part D* (32 Beats)</u></b>	
8 Slow Jazz Box	8 Slow Jazz Box	
	4 2 Basic	
	4 Fancy Double	
	16 REPEAT	

## STEP DESCRIPTION FOR "THIS PROMISE"

### TRAVELLING TRIPLE:

DS (OTS) DS (XIF) DS (OTS) RS  
L R L RL  
&1 &2 &3 &4

### DOUBLE BASIC BRUSH:

DS DS RS BR SL  
L R LR L R  
&1 &2 &3 & 4

### DOUBLE STEP:

DS  
L  
&1

### WALK IT OVER:

DS (OTS) DS (XIF) DR S (BK) DR S (OTS)  
L R R L L R  
&1 &2 & 3 & 4

### BASIC: (In this dance, 1/4L on 1<sup>st</sup> & 3<sup>rd</sup>)

DS RS  
L RL  
&1 &2

### BRUSHOVER VINE:

DS (OTS) BR (XIF) SL DS (XIF) TT (BK) SL DS (OTS) DS (XIB) DS (OTS) RS  
L R L R L R L R L RL  
&1 & 2 &3 & 4 &5 &6 &7 &8

### ROCK PULL:(In this dance, move L or R)

R S (DIAG) PULL-S (BS)  
L R L L  
& 1 & 2

### FANCY DOUBLE:

DS DS RS RS  
L R LR LR  
&1 &2 &3 &4

### TRIPLE BELL:

DS DS DS (P) BLK  
L R L L  
&1 &2 &3 & 4

### SAMANTHA:

DS DS (XIF) DR S (BK) DR S (BK) RS DS DS RS  
L R R L L R LR L R LR  
&1 &2 & 3 & 4 &5 &6 &7 &8

### TRIPLE:

DS DS DS RS  
R L R LR  
&1 &2 &3 &4

### SWAYBACK:

DS DT (XIF) H DT (X) H T-H (BK) R (BK) S DS DS RS  
L R L R L R R L R L R LR  
&1 & 2 & 3 & 4 & 5 &6 &7 &8

### ROCK STEP:

RS  
LR  
&1

### SLOW JAZZ BOX:

(P) BA (OTS) (P) H (P) BA (XIF) (P) H (P) BA (XIB) (P) H (P) BA (BS) (P) H (BK)  
L L R R L R L R  
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

### CLOGOVER VINE:

DS (OTS) DS (XIF) DS (OTS) DS (XIB) DS (OTS) DS (XIF) DS RS  
L R L R L R L RL  
&1 &2 &3 &4 &5 &6 &7 &8

### ROCKING CHAIR:

DS BR H DS RS  
R L R L RL  
&1 & 2 &3 &4

### PIVOT CHAIN:

DS [RS RS RS] (TURN)  
L RL RL RL  
&1 &2 &3 &4

### SLOW TOE HEEL:

(P) BA (P) H  
L L  
& 1 & 2

### STOMP:

(P) STO  
L  
& 1

### HALF SAMANTHA:

DS DS (XIF) DR S (XIB) RS  
L R R L RL  
&1 &2 & 3 &4

### WINDSTER:

DS BR (XIF) H BR (X) H RS (BR CAN BE DT)  
L R L R L RL  
&1 & 2 & 3 &4