

REFLECTIONS

Level: Basic + 3 **Genre:** Motown
Artist: Diana Ross and the Supremes (Summer of 1967)
Choreo: Kathy Hedger, Capital Cloggers Canberra, katjoy@aussiebb.com.au
Speed: Normal + 7% **Length:** 2:37
Sequence: INTRO-A-CHORUS-B-A-B*-CHORUS-A-C-A-B*-CHORUS-B**-CHORUS-END
Wait: 8 Beats

Quick Cues

Intro (8 Beats)

8 2 Jazz & Rock (Angle L&R)

Part A (16 Beats)

4 Slur Basic (L)
4 Rocking Chair (Rft)
4 Slur Basic (R)
4 Rocking Chair

Part Chorus (16 Beats)

8 2 Stomp Double (1/4L on each)
4 Stomp Double (1/2 L)
4 Triple (Rft)

Part B (20 Beats)

8 Samantha
4 2 Basic
4 Mountain Goat
4 2 Basic

Part A (16 Beats)

4 Slur Basic (L)
4 Rocking Chair (Rft)
4 Slur Basic (R)
4 Rocking Chair

Part B* (16 Beats)

8 Samantha
4 2 Basic
4 Mountain Goat

Part Chorus (16 Beats)

8 2 Stomp Double (1/4L on each)
4 Stomp Double (1/2 L)
4 Triple (Rft)

Part A (16 Beats)

4 Slur Basic (L)
4 Rocking Chair (Rft)
4 Slur Basic (R)
4 Rocking Chair

Quick Cues

Part C (34 Beats)

4 2 Kentucky Drag (L)
4 Turkey (L)
4 2 Kentucky Drag (R)
4 Turkey (R)
8 Cowboy (FULL TURN L)
4 Four Count Vine
4 Fancy Double
2 2 Double Step

Part A (16 Beats)

4 Slur Basic (L)
4 Rocking Chair (Rft)
4 Slur Basic (R)
4 Rocking Chair

Part B* (16 Beats)

8 Samantha
4 2 Basic
4 Mountain Goat

Part Chorus (16 Beats)

8 2 Stomp Double (1/4L on each)
4 Stomp Double (1/2 L)
4 Triple (Rft)

Part B** (20 Beats)

8 Samantha
4 2 Basic
4 Mountain Goat
4 4 Double Step

Part Chorus (16 Beats)

8 2 Stomp Double (1/4L on each)
4 Stomp Double (1/2 L)
4 Triple (Rft)

End (13 Beats)

8 2 Stomp Double (1/2L on ea)
4 Stomp Double
1 Touch (OTS, slide the toe out)



Step Definitions - (REFLECTIONS (Summer of 1967))

JAZZ & ROCK:

T-H(OTS) T-H(XIF) T-H(BS) RS
L L R R L L RL
& 1 & 2 & 3 & 4

SLUR BASIC:

DS(OTS) SLR-S(XIB) DS RS
L R R L RL
&1 & 2 & 3 & 4

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 & 3 & 4

TRIPLE:

DS DS DS RS
R L R LR
&1 & 2 & 3 & 4

STOMP DOUBLE: (In this dance, turn 1/4 or 1/2 as directed)

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)

L R L RL
& 1 & 2 & 3 & 4

SAMANTHA:

DS DS(XIF) DR S(BK) DR S(BK) RS DS DS RS
L R R L L R LR L R LR
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

BASIC:

DS RS
L RL
&1 & 2

MOUNTAIN GOAT:

DS BA(XIF) BA(OTS) BA(OTS) BA(XIF) BA(XIB) SL
L R L R L R R
&1 & 2 & 3 & 4

KENTUCKY DRAG:

DS-DR S(XIF)
L L R
&1 & 2

TURKEY:

LIFT/DR H-FL(OTS) S(XIB) DS RS (CAN BE (P) INSTEAD OF DR AT START)

L /R L L R L RL
& 1 & 2 & 3 & 4

COWBOY: (In this dance, turn Full L)

[DS DS DS BR(XIF) H] (FWD) [DS(XIF) R(BK) S(XIF) R(BK) S(XIF) R(BK) S(XIF)] (BK)
L R L R L R L R L R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

FOUR COUNT VINE:

DS(OTS) DS(XIF) DS(OTS) DS(XIB)
L R L R
&1 & 2 & 3 & 4

FANCY DOUBLE:

DS DS RS RS
L R LR LR
&1 & 2 & 3 & 4

DOUBLE STEP:

DS
L
&1

TOUCH:

(P) TCH
L
& 1