

Can't Sleep Love

Level: Intermediate **Genre:** Pop
Artist: Pentatonix
Choreo: Toni Trott
Speed: Normal **Length:** 2:52
Sequence: A, B, C, A*, B, C, D, C
Intro: Wait 16

Quick Cues

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Part A (32 beats)

8 Loop Vine
 4 Hard Step (Rft)
 4 Windster
 8 Loop Vine (Rft)
 8 Windster Rock

Part B (32 beats)

8 Gypsy Fancy
 8 Swing Basic Flare
 8 Bonanza (Rft)
 4 4 Crazy Legs (Rft)
 4 Flange and Reverse (Rft)

Part C (32 beats)

8 Rock Slur Soul
 8 Basic Soul Pull (1/2 L)
 8 MJ Basic (1/2L)
 8 Rock Slur Fosse

Part A* (32 beats)

8 Loop Vine
 4 Hard Step (Rft)
 4 Samba Flange
 8 Step Slur Loop (Rft)
 8 Windster Rock

Part B (32 beats)

8 Gypsy Fancy
 8 Swing Basic Flare
 8 Bonanza (Rft)
 4 4 Crazy Legs (Rft)
 4 Flange and Reverse (Rft)

Part C (32 beats)

8 Rock Slur Soul
 8 Basic Soul Pull (1/2 L)
 8 MJ Basic (1/2L)
 8 Rock Slur Fosse

Part D (32 beats)

8 Cinnamon Creep
 8 Lori Finn Touch (Rft)
 8 Rock Slur
 4 4 Crazy Legs (Bk)
 4 Rock Pull Basic

Part C (32 beats)

8 Rock Slur Soul
 8 Basic Soul Pull (1/2 L)
 8 MJ Basic (1/2L)
 8 Rock Slur Fosse



Step Definitions - Can't Sleep Love

LOOP VINE:

DS-SL/LOOP-S (XIB) DS DS (XIF) DS-SL/LOOP-S (XIB) DS RS
 L L / R R L R L L / R R L RL
 &1 & 2 &3 &4 &5 & 6 &7 &8

WINDSTER: (BR CAN BE DT)

DS BR (XIF) H BR (X) H R (OTS) S R (BK) S DS R (BK) S R (OTS) S
 L R L R L R L R L R L R L R
 &1 & 2 & 3 & 4 & 5 &6 & 7 & 8

WINDSTER ROCK: (BR CAN BE DT)

DS BR (XIF) H BR (X) H R (OTS) S R (BK) S DS R (BK) S R (OTS) S
 L R L R L R L R L R L R L R
 &1 & 2 & 3 & 4 & 5 &6 & 7 & 8

HARD STEP:

DT (BK) H BR H DS RS
 R L R L R LR
 & 1 & 2 &3 &4

Step Definitions - Can't Sleep Love

GYPSY FANCY:

DS DT (FLR) H RS DT (FLR) H RS DS RS RS
L R L RL R L RL R LR LR
&1 & 2 &3 & 4 &5 &6 &7 &8

SWING BASIC FLARE: (In this dance NO TURN)

[DS RS FLR S (XIF) RS FLR S (XIF) RS] (1/2 L) DT (FLR) SL R (XIB) S (XIF)
L RL R R LR L L RL R L R L
&1 &2 & 3 &4 & 5 &6 & 7 & 8

BONANZA:

DS DS (XIF) DT H DT H DS (XIB) R (OTS) S (XIF) DS BR H
R L R L R L R L R L R L
&1 &2 & 3 & 4 &5 & 6 &7 & 8

CRAZY LEGS:

DS (XIB)
L
&1

FLANGE AND REVERSE:

DT FLA/S (XIF) (P) S (XIB) SLR (X) S RS
R L R L R R LR
& 1 & 2 & 3 &4

ROCK SLUR SOUL:

DS (OTS) SLR-S (XIB) R S (OTS) SLR-S (XIB) R (OTS) S (XIB) R (OTS) S (OTS) SLR-S RS
L R R L R L L R L R L R R LR
&1 & 2 & 3 & 4 & 5 & 6 & 7 &8

BASIC SOUL PULL: (In this dance turn 1/2L on 4&)

DS R S (FWD) PULL-S (BS) R (F) S (BK) PULL-S (BS) RS DS RS
L R L R R L R L L RL R LR
&1 & 2 & 3 & 4 & 5 &6 &7 &8

MJ BASIC: (In this dance turn 1/2L on &3)

DS DS (XIB) R S (OTS) (P) S (XIB) R (OTS) S RS DS RS
L R L R L R L RL R LR
&1 &2 & 3 & 4 & 5 &6 &7 &8

ROCK SLUR FOSSE:

DS (OTS) SLR-S (XIB) R S (OTS) SLR-S (XIB) R (OTS) S (BK) SLR-S (BK) SLR-S (BK) SLR-S
L R R L R L L R L R R L L R R
&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

SAMBA FLANGE:

DS (XIF) R (OTS) S DT-S (XIF) /FLA (P) S
L R L R R /L L
&1 & 2 & 3 & 4

ROCK PULL BASIC:

RS (DIAG) PULL-S (BS) DS RS
LR L L R LR
&1 & 2 &3 &4

STEP SLUR LOOP:

(P) S (OTS) SLR-S (XIB) DS (OTS) DS (XIF) DS LOOP/SL S (XIB) DS RS
R L L R L R L /R L R LR
& 1 & 2 &3 &4 &5 & 6 &7 &8

CINNAMON CREEP:

DS (1/4 R) SLR-S (XIB) DS (1/4 L) DS (1/4 L) SLR (3/4 L) S (XIB) (P) H-FL S (XIB) DT H
L R R L R L L R L R R L R L
&1 & 2 &3 &4 & 5 & 6 & 7 & 8

LORI FINN TOUCH:

DS DT H DS DT H DS (XIB) R (OTS) H (WGT & T IN) FL (T OUT) TT (BK) FL (T IN) TCH
R L R L R L R L R R L R L
&1 & 2 &3 & 4 &5 & 6 & 7 & 8

ROCK SLUR:

DS (OTS) SLR-S (XIB) R S (OTS) SLR-S (XIB) R S (OTS) SLR-S (XIB) RS BR SL
L R R L R L L R L R R LR L R
&1 & 2 & 3 & 4 & 5 & 6 &7 & 8