

SHUT UP AND DANCE WITH ME

Level: Intermediate **Genre:** Pop
Artist: Walk The Moon
Choreo: Jean Watford **Email:** watfordjean@gmail.com
Speed: Normal or slow as needed **Length:** 3.24
Sequence: A BRK1 B C A BRK2 B C A BRK2 INST C* BRK1 A* A** BRK3 END
Wait: 8 beats



QUICK CUES

Part A (32 beats)

8 2 Heel Toe Combo
4 Lori Basic
4 Front Touch & Flap
16 REPEAT

Break 1 (16 beats)

16 2 Toe Heel Clogover (L&R)

Part B (32 beats)

16 2 Triple Pivot (1/2L ea)
8 Twisty Flap Touch
8 2 Stomp Double

Part C (16 beats)

16 2 Slur Heel Pivot (1/2R ea)

Part A (32 beats)

8 2 Heel Toe Combo
4 Lori Basic
4 Front Touch & Flap
16 REPEAT

Break 2 (8 beats)

8 Long Jazz Box

Part B (32 beats)

16 2 Triple Pivot (1/2L ea)
8 Twisty Flap Touch
8 2 Stomp Double

Part C (16 beats)

16 2 Slur Heel Pivot (1/2R ea)

Part A (32 beats)

8 2 Heel Toe Combo
4 Lori Basic
4 Front Touch & Flap
16 REPEAT

Break 2 (8 beats)

8 Long Jazz Box

Inst (32 beats)

8 Double Loop Rocker (1/4L)
8 Double Loop Rocker (1/2L)
8 Double Loop Rocker (1/4L)
4 Half Time Bomb
4 Stomp Double (Rft)

QUICK CUES

Part C* (32 beats)

16 2 Twisty Flap (L&R)
16 2 Slur Heel Pivot (1/2R ea)

Break 1 (16 beats)

16 2 Toe Heel Clogover (L&R)

Part A* (32 beats)

8 Twisty Flap Touch
4 2 Basic
4 Front Touch & Flap
8 Twisty Flap Touch
4 2 Basic
3 Short Front Touch & Flap
1 Pause

Part A** (32 beats)

8 2 Heel Toe Combo
4 Lori Basic (1/2L)
4 Front Touch & Flap
16 REPEAT

Break 3 (32 beats)

8 Long Jazz Box
4 Lori Basic
4 Front Touch & Flap
16 REPEAT

Ending (8 1/2 beats)

4 Half Time Bomb
4 Stomp Double (Rft)
1/2 Quick Stomp



Step descriptions for: **SHUT UP AND DANCE WITH ME**

HEEL TOE COMBO:

DS TCHH(F) SL TT(BK) SL TCHH(F) SL
L R L R L R L
&1 & 2 & 3 & 4

LORI BASIC:

DS DT H DS RS
L R L R LR
&1 & 2 &3 &4

FRONT TOUCH & FLAP:

DS TCH(F) H H-FL TT H
L R L R-R L R
&1 & 2 & 3 & 4

SHORT FRONT TOUCH & FLAP

DS TCH(F) H H-FL
L R L R-R
&1 & 2 & 3

TOE HEEL CLOGOVER:

T-H(OTS) T-H(XIF) T-H(OTS) T-H(XIB) T-H(OTS) T-H(XIF) T-H(OTS) RS
L L R R L L R R L L R R L L RL
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

TRIPLE PIVOT:

[DS DS DS] (FWD) R H(WGT) PVT(1/2 L) STO [DS DS RS] (BK)
L R L R L R L R LR
&1 &2 &3 & 4 & 5 &6 &7 &8

TWISTY FLAP TOUCH:

DS DS(XIF) BA(OTS) BA(XIB) BA(OTS) BA(XIF) DS(XIB) R S(XIF) DR H-FL(OTS) TCH
L R L R L R L R L R R L
&1 &2 & 3 & 4 &5 & 6 & 7 & 8

STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)
L R L RL
& 1 &2 &3 &4

SLUR HEEL PIVOT:

DS(OTS) SLR-S(XIB) DS(OTS) DS(XIF) R H(WGT) (PVT 1/2R) S DS RS
L R R L R L R LR
&1 & 2 &3 &4 & 5 & 6 &7 &8

LONG JAZZ BOX:

T-H(OTS) T-H(XIF) T-H(BK) T-H(OTS) T-H(XIF) T-H(BK) T-H(OTS) T-H(BS)
L L R R L L R R L L R R L L R R
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

DOUBLE LOOP ROCKER: (In this dance turn as directed on &6 &7)

DS-SL/LOOP-S(XIB) DS-SL/LOOP-S(XIB) RS DS DS RS
L L / R R L L / R R LR L R LR
&1 & 2 &3 & 4 &5 &6 &7 &8

HALF TIME BOMB:

(P) STO(XIF) RS STO(XIF) RS STO
L RL R LR L
& 1 &2 & 3& 4

TWISTY FLAP:

DS DS(XIF) BA(OTS) BA(XIB) BA(OTS) BA(XIF) DS(XIB) R S(XIF) DR H-FL(OTS) S
L R L R L R L R L R R L
&1 &2 & 3 & 4 &5 & 6 & 7 & 8

QUICK STOMP:

STO
L
&