

# NIL NA LA

**Level:** Easy Intermediate    **Genre:** Singer/Songwriter:  
**Artist:** Solas  
**Choreo:** Vickie Dean  
**Speed:** Normal                      **Length:** 2:47  
**Sequence:** Intro A B Intro A\* B Bk1 C D A\* B C Bk2 B\*  
**Wait:** 16 beats



---

## Quick Cues

### Intro: (16 beats)

16 2 Stomp Brush it Again (L&R)

### Part A (32 beats)

8 Samantha  
4 Karate (1/2L)  
4 Fancy Double  
8 Samantha  
4 Karate (1/2L)  
4 Fancy Double

### Part B (16 beats)

16 2 Louisiana Step (1/2R ea)

### Intro: (16 beats)

16 2 Stomp Brush it Again (L&R)

### Part A\* (16 beats)

8 Samantha  
4 Karate (1/2L)  
4 Fancy Double (1/2L)

### Part B (16 beats)

16 2 Louisiana Step (1/2R ea)

### Break 1 (16 beats)

16 2 Double Slur Vine (L & R)

---

## Quick Cues

### Part C (16 beats)

4 2 Stomp Double Up  
4 Stomp Double  
4 2 Stomp Double Up (R&L)  
4 Stomp Double (Rft)

### Part D (16 beats)

16 2 Stomp MJ Basic (1/2L ea)

### Part A\* (16 beats)

8 Samantha  
4 Karate (1/2L)  
4 Fancy Double (1/2L)

### Part B (16 beats)

16 2 Louisiana Step (1/2R ea)

### Part C (16 beats)

4 2 Stomp Double Up  
4 Stomp Double  
4 2 Stomp Double Up (R&L)  
4 Stomp Double (Rft)

### Break 2 (16 beats)

16 2 Clogover Slur (L & R)

### Part B\* (32 beats)

32 4 Louisiana Step (3/4R ea)



Amended 23 SEP 2023

---

## Step Definitions - Nil Na La

---

### STOMP BRUSH IT AGAIN:

(P) STO BR(XIF) SL DS(XIF) RS RS BR SL DS RS  
L R L R LR LR L R L RL  
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

### SAMANTHA:

DS DS(XIF) DR S(BK) DR S(BK) RS DS DS RS  
L R R L L R LR L R LR  
&1 &2 & 3 & 4 &5 &6 &7 &8

### KARATE:

DS-PVT(1/2 L)/K H (P) S K H  
L L /R L R L R  
&1 & 2 & 3 & 4

### FANCY DOUBLE:

DS DS RS RS  
L R LR LR  
&1 &2 &3 &4

### LOUISIANA STEP:

[DS DS DS DS] (FWD) (P) S(BK) (P) S(BK) PVT(1/2 R) S(FWD) (P) S(FWD)  
L R L R L R R L R  
&1 &2 &3 &4 & 5 & 6 & 7 & 8

### DOUBLE SLUR VINE:

DS(OTS) SLR-S(XIB) DS DS(XIF) DS(OTS) SLR-S(XIB) DS RS  
L R R L R L R R L RL  
&1 & 2 &3 &4 &5 & 6 &7 &8

### STOMP MJ BASIC: (In this dance 1/2L on 3)

(P) STO DS(XIB) R S(OTS) (P) S(XIB) R(OTS) S RS DS RS  
L R L R L R L RL R LR  
& 1 &2 & 3 & 4 & 5 &6 &7 &8

### STOMP DOUBLE UP:

(P) STO DT SL(CAN BE H)  
L R L  
& 1 & 2

### STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)  
L R L RL  
& 1 &2 &3 &4

### CLOGOVER SLUR:

DS(OTS) DS(XIF) DS(OTS) SLR-S(XIB) DS(OTS) DS(XIF) DS(OTS) RS  
L R L R R L R L RL  
&1 &2 &3 & 4 &5 &6 &7 &8