

Mama Wanna Mambo



Level: Intermediate Plus

Genre: Pop

Artist: Meghan Trainor

Amended 21 Sept 2023

Choreo: Ros Matheson, Andre MacLaughlin, Peter Wee, Amanda Lim

Speed: Normal

Length: 2:56

Sequence: Intro A B C A* D A* E A* Ending

Intro: 12

Quick Cues

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Intro (4 beats)

4 Synco Heel Snap

Part A (16 beats)

8 2 Mambo Turn (1/2L EA)

8 Mambo Vine

Part B (16 beats)

4 Hillbilly Toe Heel (Full L)

4 Buck Triple

8 Brush and Buck (Rft FWD)

Part C (16 beats)

4 Half Hopping Clogvine

4 Finn Buck

4 Tennessee Walking Step

4 Kentucky Dog

Part A* (32 beats)

8 Toe Heel Clogover & Back

8 4 Samba

8 2 Mambo Turn (1/2L ea)

8 Mambo Vine

Part D (32 beats)

8 Kenny's Toes

8 Celine Gregory

8 2 Buck Joey

8 Gallop Gregory

Part A* (32 beats)

8 Toe Heel Clogover & Back

8 4 Samba

8 2 Mambo Turn (1/2R EA)

8 Mambo Vine

Part E (32 beats)

8 Loop Rougie Samba (1/2 L)

8 Mamacita (Rft)

16 REPEAT

Part A* (32 beats)

8 Toe Heel Clogover & Back

8 4 Samba

8 2 Mambo Turn (1/2L EA)

8 Mambo Vine

Ending (16 beats)

4 2 Samba

8 2 Mambo Turn (1/2L EA)

4 Synco Heel Snap

Step Definitions - Mama Wanna Mambo

SYNCO HEEL SNAP:

(P) S/BA(LIFT H) BA(LIFT H)/H (P) H/BA(LIFT H) BA(LIFT H)/H (P) (P)
 L/R L /R L/R L/R
 & 1 & 2 & 3 & 4
 (with hips)

MAMBO TURN: (In this dance pause used by previous step)

(P) R S T-H(BS) BA(FWD PVT 1/2L) BA T-H(BS)
 L R L L R L R R L R R
 & 1 & 2 & 3 & 4 &

BUCK TRIPLE:

DS DS DBL-BA H-BA H-BA
 L R L L R R L L
 &1 &2 &a 3 e & a 4

MAMBO VINE: (In this dance pause used by previous step)

(P) S(OTS) S T-H T-H T-H R(OTS) S T-H T-H/LIFT(OTS) S
 L R L L R R L L R L R R L L/R R
 & 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8
 (On side steps use hip movement)

HILLBILLY TOE HEEL:

DS TCH(F) H TCH(F) H T-H
 L R L R L R R
 &1 & 2 & 3 & 4

TENNESSEE WALKING STEP:

DS TnDn TnDn TnDn
 L R L R
 &1 e&a2 e&a3 e&a4

BRUSH AND BUCK:

DS BR(XIF) H DS(XIF) T-BA H-BA R S BR(XIF) H DS(XIF) T-BA H-BA
 R L R L R R L L R L R L R L L R R
 &1 & 2 &3 e & a 4 & 5 & 6 &7 e & a 8

HALF HOPPING CLOGVINE:

DS(OTS) HOP H-S(XIF) DS(OTS) HOP T-BA(XIB)
 L L R R L L R R
 &1 & a 2 &3 & a 4

SAMBA:

DS(XIF) R(OTS) S
 L R L
 &1 & 2

FINN BUCK:

DS(XIB) R(OTS) H(WGT & T IN) FL(T OUT) BA H-BA H-BA
 L R L L R L L R R
 &1 & 2 & 3 e & a 4

KENTUCKY DOG:

DS H(WGT) H-BA SLAP-BA H-S TnDn(XIF)
 L R L L R R L L R
 &1 & a 2 e & a 3 e&a4

TOE HEEL CLOGOVER AND BACK:

T-H(OTS) T-H(XIF) T-H(OTS) T-H(XIB) T-H(XIF) T-H(OTS) T-H(XIB) T-H(OTS)
 L L R R L L R R L L R R L L R R
 & 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8
 (using flamenco/latin hands (twirling from wrist))

KENNYS TOES:

DS TCHH(OTS) H(WGT LIFT BA)/CLK(R H TO L T) FL S DS TCHH(OTS) H(WGT LIFT BA)/CLK(R H TO L T)
 L R L / R L R L R L /R
 &1 e & a 2 &3 e &

FL S DS TCHH(OTS) H(WGT LIFT BA)/CLK(R H TO L T) FL S TCHH(OTS) CLK(L H TO R T)/H(WGT LIFT BA)
 L R L R L / R L R L L /R
 a 4 &5 e & a 6 e &

FL S TCHH(OTS) H(WGT LIFT BA)/CLK(R H TO L T) FL S
 R L R L / R L R
 a 7 e & a 8

CELINE GREGORY:

DS(OTS) TnDn(XIF) TnDn(OTS) TnDn(OTS) DS H(WGT TW) H-BA SLAP-BA H-S
 L R L R L R L L R R L L
 &1 e&a2 e&a3 e&a4 &5 & a 6 e & a 7
 TCHH(OTS) LIFT/CLK(H's) BA TCH
 R L / R R L
 e & a 8

BUCK JOEY:

DBL-BA T-BA(XIB) H-BA(OTS) H-BA(OTS) T-BA(XIB) H-BA(BS) H-BA
 L L R R L L R R L L R R L L
 &a 1 e & a 2 e & a 3 e & a 4

GALLOP GREGORY:

DS [BA(OTS) T-BA(BK) BA(OTS) T-BA(BK) BA(OTS) T-BA(BK)] (MOVE R)
 L R L L R L L R L L
 &1 & a 2 & a 3 & a 4
 RS TCHH(OTS) LIFT/CLK(H's) BA BA BA BA DBL-BA TCH
 RL R L / R R L R L R R L
 &5 e & a 6 & 7 e & 8

LOOP ROUGIE SAMBA: (In this dance 1/2L on beat &3)

DS-SL/LOOP-S(XIB) BA(OTS) BA(XIF) SL S DS(XIF) R(OTS) S DS(XIF) R(OTS) S
 L L / R R L R L R L R L R L
 &1 & 2 & 3 & 4 &5 & 6 &7 & 8

MAMACITA:

R S(FWD DIAG) PULL-S(BS) DS RS (P) S(XIF) (P) S(XIB) DS RS
 R L R R L RL R L R LR
 & 1 & 2 &3 &4 & 5 & 6 &7 &8