

SIX PACK SHORT

Level:	Basic Plus 1	Genre:	Country
Music:	The Sunny Cowgirls Long Five Day Album		
Choreo:	Frances Look: Double Jingle: lookdonfrances@bigpond.com		
Speed:	Minus 5% to Normal	Length:	3.35
Sequence:	A, B, C, A, B, C*, Instrumental, A, B, C, End		
Wait:	16 Beats : Left Foot Lead		

Quick Cues

PART A: (34 Beats)

4 FOUR COUNT VINE
4 ROCKING CHAIR (1/4 L)
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4 ROCKING CHAIR (1/4 L)
2 2 TOE HEEL

PART B: (20 Beats)

16 CLOGOVER SLUR (L & R)
4 HEEL WALK

PART C: (48 Beats)

8 MOUNTAIN GOAT TOE SLIDE
8 LOUISIANA STEP (1/2 R)
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8 LOUISIANA STEP (1/2 R)
16 TOE HEEL CLOGOVER (L & R)

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PART B: (20 Beats)

16 CLOGOVER SLUR (L & R)
4 HEEL WALK

PART C* (32 Beats)

8 MOUNTAIN GOAT TOE SLIDE
8 LOUISIANA STEP (1/2 R)
16 REPEAT

Quick Cues

INSTRUMENTAL: (32 Beats)

8 2 DONKEY
8 2 TURKEY
16 4 STOMP DOUBLE (1/4 L Ea)

PART A: (34 Beats)

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2 2 TOE HEEL

PART B: (20 Beats)

16 CLOGOVER SLUR (L & R)
4 HEEL WALK

PART C: (48 Beats)

8 MOUNTAIN GOAT TOE SLIDE
8 LOUISIANA STEP (1/2 R)
8 MOUNTAIN GOAT TOE SLIDE
8 LOUISIANA STEP (1/2 R)
16 TOE HEEL CLOVEROVER (L & R)

ENDING: (49 Beats)

16 CLOGOVER SLUR (L&R)
16 4 STOMP DOUBLE (1/4 L ea)
8 2 HILLBILLY
8 2 TOE HEEL BASIC
1 TOUCH (BS)



Step Definitions - Six Pack Short

FOUR COUNT VINE:

DS (OTS) DS (XIF) DS (OTS) DS (XIB)
L R L R
&1 &2 &3 &4

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

TOE HEEL

T-H
L L
& 1

CLOGOVER SLUR:

DS (OTS) DS (XIF) DS (OTS) SLR-S (XIB) DS (OTS) DS (XIF) DS (OTS) RS
L R L R R L R L RL
&1 &2 &3 & 4 &5 &6 &7 &8

HEEL WALK:

DS DS H (WGT) H (WGT) RS
L R L R LR
&1 &2 & 3 &4

MOUNTAIN GOAT TOE SLIDE:

DS BA (XIF) BA (OTS) BA (OTS) BA (XIF) BA (XIB) SL RS BA-SL RS BA-SL
L R L R L R R LR L L RL R R
&1 & 2 & 3 & 4 &5 & 6 &7 & 8

LOUISIANA STEP:

[DS DS DS DS] (FWD) (P) S (BK) (P) S (BK) PVT (1/2 R) S (FWD) (P) S (FWD)
L R L R L R R L R L R
&1 &2 &3 &4 & 5 & 6 & 7 & 8

TOE HEEL CLOGOVER:

T-H (OTS) T-H (XIF) T-H (OTS) T-H (XIB) T-H (OTS) T-H (XIF) T-H (OTS) RS
L L R R L L R R L L R R L L RL
& 1 & 2 & 3 & 4 & 5 & 6 & 7 &8

DONKEY:

DS TCH (XIF) H TCH (F) H RS
L R L R L RL
&1 & 2 & 3 &4

TURKEY:

LIFT/DR H-FL (OTS) S (XIB) DS RS (CAN BE (P) INSTEAD OF DR AT START)
L /R L L R L RL
& 1 & 2 &3 &4

STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)
L R L RL
& 1 &2 &3 &4

HILLBILLY:

DS TCH (F) H TCH (F) H TCH (F) H
L R L R L R L
&1 & 2 & 3 & 4

TOE HEEL BASIC:

T-H T-H DS RS
L L R R L RL
& 1 & 2 &3 &4

TOUCH:

(P) TCH
L
& 1