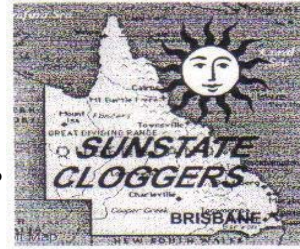


HEY SOUL SISTER

LEVEL: BASIC Length – 3:30 Speed – better at + 5%
MUSIC: TRAIN CD-SAVE ME SAN FRANCISCO
CHOREO: Olive Borovsky, (oliveclogging@optusnet.com.au)
SEQUENCE: A B Chorus Break A B Chorus A Chorus Break C Ending
WAIT: 3 counts then 16 beats



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<u>PART A (32 beats)</u>	<u>PART A (32 beats)</u>
4 TRAVELLING TRIPLE (L)	4 TRAVELLING TRIPLE (L)
4 CHARLESTON	4 CHARLESTON
4 TRAVELLING TRIPLE (R)	4 TRAVELLING TRIPLE (R)
4 CHARLESTON	4 CHARLESTON
4 BASKETBALL TURN & BASIC (R)	4 BASKETBALL TURN & BASIC (R)
4 HILLBILLY	4 HILLBILLY
4 BASKETBALL TURN & BASIC (R)	4 BASKETBALL TURN & BASIC (L)
4 HILLBILLY	4 HILLBILLY
<u>PART B (32 beats)</u> 4	<u>CHORUS (32 beats)</u>
8 VINE (L & R)	8 STEPPING VINE (L & R)
8 COWBOY (TURN ½ L)	4 TRAVELLING PIVOT (1/2 R)
8 2 OUTHOUSE	4 FANCY DOUBLE
8 COWBOY (TURN ½ L)	16 <u>REPEAT</u>
<u>CHORUS (32 beats)</u>	<u>BREAK (16 beats)</u>
8 STEPPING VINE (L & R)	4 2 HIT STEPS (L)
4 TRAVELLING PIVOT (1/2 R)	4 CHAIN (L)
4 FANCY DOUBLE	8 <u>REPEAT OPPOS FT & DIR.</u>
16 <u>REPEAT</u>	
<u>BREAK (16 beats)</u>	<u>PART C (32 beats)</u>
4 2 HIT STEPS (L)	8 2 STOMP DOUBLE
4 CHAIN (L)	4 TRIPLE KICK (FWD)
8 <u>REPEAT OPPOS FT & DIR.</u>	4 TRIPLE (BK)
 	8 2 BURTON STAMPS (angle left & right)
 	4 2 BASICS
 	4 2 BASKETBALL TURNS (L)
<u>PART A (32 beats)</u>	<u>ENDING (1)</u>
4 TRAVELLING TRIPLE (L)	1 (P) STEP (OTS)
4 CHARLESTON	
4 TRAVELLING TRIPLE (R)	
4 CHARLESTON	
4 BASKETBALL TURN & BASIC (R)	
4 HILLBILLY	
4 BASKETBALL TURN & BASIC (R)	
4 HILLBILLY	
<u>PART B (32 beats)</u>	
8 VINE (L & R)	
8 COWBOY (TURN ½ L)	
8 2 OUTHOUSE	
8 COWBOY (TURN ½ L)	
<u>CHORUS (32 beats)</u>	
8 STEPPING VINE (L & R)	
4 TRAVELLING PIVOT (1/2 R)	
4 FANCY DOUBLE	
16 <u>REPEAT</u>	



STEP EXPLANATIONS : HEY SOUL SISTER

CHARLESTON: (4)

DS TCH(F) H T-H(BK) TCH(BK) H (CAN BE RS)
L R L R R L R
&1 & 2 & 3 & 4

TRAVELLING TRIPLE: (4)

DS DS DS RS
L R L RL
&1 &2 &3 &4

BASKETBALL TURN: (4)

(P) S(FWD) (P) S(PVT 1/2 R)
L R
& 1 & 2

BASIC: (2)

DS RS
L RL
&1 &2

HILLBILLY: (4)

DS TCH(F) H TCH(F) H TCH(F) H
L R L R L R L
&1 & 2 & 3 & 4

VINE : (4)

DS(OTS) DS(XIB) DS(OTS) RS
L R L RL
&1 &2 &3 &4

COWBOY: (8) (in this dance, turn 1/2 left on BR)

[DS DS DS BR(XIF) SL] -(FWD) [DS(XIF) R S(XIF) R S(XIF) R S(XIF)] -(BK)
L R L R L R R L R L R
&1 &2 &3 & 4 &5 & 6 & 7 & 8

OUTHOUSE: (4)

DS TCH(OTS) H TCH(XIF) H TCH(OTS) H
L R L R L R L
&1 & 2 & 3 & 4

STEPPING VINE: (4)

(P) S(OTS) (P) S(XIB) (P) S(OTS) (P) TCHH(OTS)
L R L R
& 1 & 2 & 3 & 4

TRAVELLING PIVOT: (4)

DS DS(XIF) DS(PVT 1/4 1/2 3/4) S (LOOPING MOTION WITH PIVOT)
L R L R
&1 &2 &3 & 4

HIT STEP: (2)

DS TCHH(XIF) S(XIF)
L R R
&1 & 2

CHAIN (4)

DS RS RS RS
L RL RL RL
&1 &2 &3 &4

STOMP DOUBLE: (4)

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)
L R L RL
& 1 &2 &3 &4

TRIPLE KICK: (4)

DS DS DS DR/K SL
L R L L/R L
&1 &2 &3 & 4

TRIPLE: (4)

DS DS DS RS
L R L RL
&1 &2 &3 &4

BURTON STAMP: (4)

DS STA(UP) H STA(UP) H STA(UP) H(ANGLE L OR R)
L R L R L R L
&1 & 2 & 3 & 4