

SHE WOLF

Level: EASY INTERMEDIATE

Artist: SHAKIRA

Choreo: CQ CLOGGERS

Speed: MINUS 5%

Length: 3.08

Sequence: INTRO, A, B, C, D, INTRO, A, C, D, B*, INTRO, END

Wait: 16 STRONG BEATS

Quick Cues

INTRO (16 beats)

4 Slur Basic (L)
4 Mags
8 **REPEAT - opp.ft & dir**

PART A (32 beats)

4 Charley Stomp
4 Fancy Kick
8 Clogover Slur Turn (1/2L)
16 **REPEAT**

PART B (32 beats)

8 MJ Basic
8 Jessica Jog (1/2L)
16 **REPEAT**

PART C (32 beats)

16 **2** Long Twisty Four (L&R)
16 **2** Burton Turn Around (1/2R
Each)

PART D (32 beats)

8 Snake'N' Brush Basic
8 Stiff (R)
16 **REPEAT - opp.ft & dir**

INTRO (16 beats)

4 Slur Basic (L)
4 Mags
8 **REPEAT - opp.ft & dir**

PART A (32 beats)

4 Charley Stomp
4 Fancy Kick
8 Clogover Slur Turn (1/2L)
16 **REPEAT**

PART C (32 beats)

16 **2** Long Twisty Four (L&R)
16 **2** Burton Turn Around (1/2R each)

PART D (32 beats)

8 Snake'N' Brush Basic
8 Stiff (R)
16 **REPEAT - opp.ft & dir**

PART B* (64 beats)

8 MJ Basic
8 Jessica Jog (1/4L)
48 **REPEAT - 3 times (in a box)**

INTRO (16 beats)

4 Slur Basic
4 Mags
8 **REPEAT - opp.ft & dir**

END (17 beats)

8 Snake'N' Brush Basic
4 Chain (L)
3 **3** Double Steps
2 **2** Toe Heels.



STEP DEFINITIONS - SHE WOLF

SLUR BASIC:

DS (OTS) SLR-S (XIB) DS RS
L R R L RL
&1 & 2 &3 &4

CHAIN:

DS RS RS RS
L RL RL RL
&1 &2 &3 &4

MAGS:

DS DT H (P) S RS
L R L R LR
&1 & 2 & 3 &4

DOUBLE STEP:

DS
L
&1

CHARLEY STOMP:

(P) STO DT SL T-H (BK) RS
L R L R R LR
& 1 & 2 & 3 &4

TOE HEEL:

T-H
L
&1

FANCY KICK:

DS DS RS K H
L R LR L R
&1 &2 &3 & 4

CLOGOVER SLUR TURN:

DS (OTS) DS (XIF) DS (OTS) SLR-S (XIB) DS DT (XIF) BA/BA (XIF) PVT(1/2 L) LIFT/H RS
L R L R R L/R L/R LR
&1 &2 &3 & 4 &5 & 6 & 7 &8s

MJ BASIC:

DS DS (XIB) R S (OTS) (P) S (XIB) R (OTS) S RS DS RS
L R L R L R L RL R LR
&1 &2 & 3 & 4 & 5 &6 &7 &8

JESSICA JOG:

DS DT (XIF) H DT (X) H TT (BK) HD/BA (P) [BA BA BA] (1/2 L) DS DT (BK) H
L R L R L R L /R L R L R L R
&1 & 2 & 3 & 4 & 5 & 6 &7 & 8

LONG TWISTY FOUR:

DS (OTS) DS (XIF) BA (OTS) BA (XIB) BA (OTS) BA (XIF) BA (OTS) BA (XIB) BA (OTS) S (XIF) DS RS
L R L R L R L R L R L R L RL
&1 &2 & 3 & 4 & 5 & 6 &7 &8

BURTON TURN AROUND:

DS DT (XIF) SL DT (X) SL [BA BA BA] (1/2 R) S-DR/K SL DS RS
L R L R L R L R L L /R L R LR
&1 & 2 & 3 & 4 & 5 & 6 &7 &8

SNAKE 'N' BRUSH BASIC:

DS H (WGT TW) S R (BK) S H (WGT TW) S R (BK) S BR SL DS RS
L R L R L R L R L R L R LR
&1 & 2 & 3 & 4 & 5 & 6 &7 &8

STIFF:

DS DT H R (OTS) S (XIF) DT H R (OTS) S (XIF) DS DS RS
L R L R L R L R L R L RL
&1 & 2 & 3 & 4 & 5 &6 &7 &8