

# REAL GOOD FEEL GOOD

<b>Level:</b>	<b>Basic/Plus</b>	
<b>Music:</b>	<b>Mel McDaniel</b>	
<b>Choreo:</b>	<b>Teresa Lovig</b>	
<b>Speed:</b>	<b>Normal</b>	<b>Length: 2.29</b>
<b>Sequence:</b>	<b>A, Chorus, Break, A, Chorus, B, Chorus*, Break, End.</b>	
<b>Wait:</b>	<b>16 Beats</b>	

## Part A: ( 32 Beats)

4 2 Basics  
4 Chain (Left)  
4 2 Basics  
4 Chain (Right)  
16 4 Rocking Chair (1/4 L ea)

## Chorus: (32 Beats)

8 Cowboy  
4 2 Basics  
4 Fancy Double  
8 Cowboy  
4 2 Basics  
4 Fancy Double

## Break: (4 Beats)

4 4 Toe Heels (Full Left)

## Part A: ( 32 Beats)

4 2 Basics  
4 Chain (Left)  
4 2 Basics  
4 Chain (Right)  
16 4 Rocking Chair (1/4 L ea)

## Chorus: (32 Beats)

8 Cowboy  
4 2 Basics  
4 Fancy Double  
8 Cowboy  
4 2 Basics  
4 Fancy Double

## Part B: (36 Beats)

4 Charleston  
4 Fancy Double (1/4 Left)  
4 Charleston  
4 Fancy Double (1/4 Left)  
4 Charleston  
4 Fancy Double (1/4 Left)  
4 Charleston  
4 Fancy Double (1/4 Left)  
4 2 Basics

## Chorus\*: (64 Beats)

8 Cowboy (1/4 Left)  
4 2 Basics  
4 Fancy Double  
48 REPEAT 3 MORE TIMES

## Break: (4 Beats)

4 4 Toe Heels (Full Left)

## Ending: (13 Beats)

8 Chain (Left & Right)  
4 2 Basics  
1 2 Quick Stomp



Updated 9<sup>th</sup> Feb 2017 to current  
ACA Terminology

## Real Good Feel Good

## Step Definitions

### BASIC:

DS RS  
L RL  
&1 &2

### CHAIN:

DS RS RS RS (MVE L OR R)  
L RL RL RL  
&1 &2 &3 &4

### ROCKING CHAIR: [In this dance turn 1/4 L on &2]

DS BR H DS RS  
L R L R LR  
&1 & 2 &3 &4

### COWBOY: [In this dance turn 1/4 L as directed on & 4]

[DS DS DS BR(XIF) H] (FWD) [DS(XIF) R(BK) S(XIF) R(BK) S(XIF) R(BK) S(XIF)] (BK)  
L R L R L R L R L R L R  
&1 &2 &3 & 4 &5 & 6 & 7 & 8

### FANCY DOUBLE: [ In this dance turn 1/4 L on &1 &2 when directed]

DS DS RS RS  
L R LR LR  
&1 &2 &3 &4

### TOE HEEL:

T-H  
L L  
& 1

### CHARLESTON:

DS TCH(F) H T-H(BK) RS  
L R L R R LR  
&1 & 2 & 3 &4

### QUICK STOMP:

STO  
L  
&